

### **ABSTRACT OF THE DISCLOSURE**

A bicycle seat post is a cylindrical body and includes a reinforcement rib located diametrically in the body so as to form two spaces separated by the reinforcement rib. Two grooves are defined in an outer surface of the body and located a longitudinal direction of the body. The reinforcement rib increases the structural strength of the seat post and the grooves allow the seat post from contacting the seat tube of the bicycle frame so as to prevent cracks caused by the clamping force.